# Caritas

# Stay home, stay safe!



We're providing phone consultations – if necessary with the support of interpreters – on current Corona crisis related issues



### **General information**

- Where can I get general information about the COVID-19 pandemic?
- What measures currently apply in Austria?
- What impact do these measures have on me and my family?



### Health

- How does a COVID-19 disease progress, what symptoms can occur?
- How can I best protect myself and my family and stay healthy?
- What do I do if I get sick?
- What does quarantine mean?



# Live together

- What do the measures mean for living with my family?
- What can I do if there are disputes and arguments at home?
- How can I best support my children with their studies?
- What can I do if I feel lonely and isolated?



## **Administrative**

- What happens to my asylum process?
- How do I claim my social and legal benefits?

