



Our Sharing Circles are a space where women can discuss **gender roles, body image and societal expectations** in digital and offline spaces.

For all women who want to **share their experiences with others, get new perspectives and have candid conversations.**

10 free spaces, sign up now for free!

Childcare: available upon request, please let us know in advance.

Languages: German, English, translation for additional languages available upon request

29.10.2026

14:00-16:30 Uhr

**Body image & Social
Media - what is
expected of my body?**

12.11.2026

14:00-16:30 Uhr

**What is healthy for
me?**

03.12.2026

14:00-16:30 Uhr

**What does femininity
mean to me?**

Sign up now!

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